

WORLD HWA RANG DO® ASSOCIATION PRESENTS THE
2009 SUMMER SEMINARS

OPEN PUBLIC SEMINARS
JULY 24TH · 25TH

49TH ANNUAL HWA RANG DO®
WORLD CHAMPIONSHIPS AND
BANQUET JULY 26TH

SPECIAL BLACK SASH
CONFERENCE
JULY 27TH · AUGUST 2ND



2009 SUMMER SEMINARS

Open Public Seminars

July 24th & 25th

The sessions within this seminar are open to anyone who wishes to learn aspects of the most comprehensive martial art in existence no matter what experience you may have. This is open to HRD & TSD practitioners as well as members from any martial art or the general public. Hwa Rang Do is divided in to four categories: Nae Gong (Internal Power), Wae Gong (External Power), Shin Gong (Mental Power), Moo Gi Gong (Weapon Power). During this seminar you will get to learn from the Founder, Supreme Grandmaster Dr. Joo Bang Lee and Grandmaster Taejoon Lee while tasting a flavor of all areas within this art of infinite possibilities.

Friday July 24, 2009

Session I:	10:00-11:30am	Gumtoogi: Sword Fighting-Twin Double Sword (with Ssangjukdo & armor if you have it)
Session II:	12:30-2:00pm	Bongtoogi: Stick Fighting-Twin Mid-Stick (with Ssangjungbong & armor if you have it)
Session III:	2:15-3:45pm	Point Sparring Tactics
Session IV:	4:00-5:30pm	Dan Bong: Short Stick

Saturday July 25, 2009

Session V:	10:00-11:30am	Gotoogi: Grappling Takedowns
Session VI:	12:30-2:00pm	Gotoogi: Grappling Chokes
Session VII:	2:15-3:45pm	Gotoogi: Grappling Setups to Submissions
Session VIII:	4:00-5:30pm	Joint Manipulation for Self-Defense

Seminar Fees

Each Individual Session - \$35 for WHRDA members and \$40 for non-members

All day Friday - \$120 for WHRDA members and \$150 for non-members

All day Saturday - \$120 for WHRDA members and \$150 for non-members

Both Friday and Saturday - \$200 for WHRDA members and \$250 for non-members

Free to all Black Sashes Participating in Black Sash Conference

Special Discount for Everyone - Receive 10% off if paid in full by July 10, 2009

(All members must be current with their association dues to receive WHRDA rates)

49th Anniversary Special Banquet – Sunday July 26th after Tournament

One Ticket is \$30 per person if you pre-register, \$40 per person after July 23rd

Weapons

You must supply your own weapon, or to purchase them at the seminar you **must** order in advance.

Dan Bong – Short Stick	\$19.95 (Teak) / \$17.95 (Cedar)	Juk Do – Bamboo Sword	\$30
Jung Jukdo (ssanggum)	\$39.90	Jang Bong – Rattan Long Staff	\$30
Jungbong (ssangbong)	\$23.90		

Order them from the Hwa Rang Do Westcoast Headquarters (310) 473-6233 or yooshinkim@aol.com

Accommodations

You may stay at the dojang or if you wish a local hotel. Discount rate under "Hwa Rang Do" at the Best Western Royal Palace Inn & Suites

2528 S Sepulveda Boulevard, Los Angeles, CA, 90064 | Phone: (310) 477-9066

Location of Seminars

Hwa Rang Do West Coast Headquarters

11304 1/2 Pico Blvd., Los Angeles, CA 90064 (310) 473-6233 - yooshinkim@aol.com

For More Information Go Online!

Web: www.hwarangdo.com - Email: whrda@hwarangdo.com - Phone: (714) 731-5425

2009 SUMMER SEMINARS

Special Black Sash Conference July 27th – Aug 2nd

The Hwa Rang tradition has existed for the past 2,000 years. These warriors studied all aspects of life and lead the Silla kingdom of Korea to last for over 1,000 years, making it the longest lasting civilization in human history. We must continue to strive towards excellence in order to ensure that our tradition lasts for another 2,000 years as we evolve toward our common future. Whether you are running your own dojang or assisting someone in running theirs, continuing your education is a **must for all Black Sashes!** This conference will cover everything needed to manage and teach in a dojang as well as the details of your Dan Degree required material. This year the conference will also be open to all individuals who wish to become professional Hwa Rang Do Instructors, including color belts and practitioners from other arts that wish to switch arts. If you fall into this category, please contact the Hwa Rang Do World Headquarters for further details about this special training option.

Day 1 – July 27 th		Day 2 – July 28 th		Day 3 – July 29 th	
9-10	Registration	9-10	Meditation & Free Practice	9-10	Meditation & Free Practice
10-12	TSD Color Review I – Q&A	10-12	Officiating – Sparring/Form	10-12	*Bongtoogi – Jang Bong
2-4	TSD Color Review II – Q&A	2-4	Officiating – Gotoogi	2-4	* Bongtoogi – Ssang Bong
4:30-6	HRD Color Review I – Q&A	4:30-6	Black Sash Techniques	4:30-6	Black Sash Techniques
7:30-9	HRD Color Review II – Q&A	7:30-9	Black Sash Hyungs	7:30-9	Black Sash Hyungs
9-10:30	Marketing Concepts	9-10:30	Ki & Meditation	9-10:30	Dojang Management I
Day 4 – July 30 th		Day 5 – July 31 st		Day 6 – August 1 st	
First 2 Thursday sessions at the Beach!		9-10	Meditation & Free Practice	10-12	Review Training
10-12	*Moogidaeryun-Stick Weapons	10-12	*Moogidaeryun-Officiating/Classes	2-3	*Begisul – Sword Cutting
2-4	*Moogidaeryun-Sword Weapons	2-4	GoTooGi-Takedown/Position	3-5	Black Sash Meeting
4:30-6	Black Sash Techniques	4:30-6	GoTooGi-Combinations	6 to...	Black Sash Dinner
7:30-9	Black Sash Hyungs	7:30-9	Black Sash Training	Day 7 – August 2nd	
9-10:30	Dojang Management II	9-10:30	General Discussions - Q&A	10-6	BBQ & Pool Party

Conference Fees:

Open Seminars on the 24th & 25th are Free to Conference Participants

Each Day: \$150 - New BB / Special Students***
 \$120 - One year plus HRD Black Sash
 \$100 - School Owners

All Six Days: \$700 - New BB / Special Students***
 \$600 - One year plus HRD Black sash
 \$500 - School Owners

***Special Students are Long Distance Practitioners, and those who wish to become professional members and eventually open some form of branch ~ Including TSD BB and HRD color ranks. If you fall into this category please contact World HQ for further details.

Special Discount - Receive 10% off if paid in full by July 10, 2009

(All Members must be current with their Association dues to receive these rates)

Black Sash Celebration

Saturday night Dinner and Party, then Sunday BBQ and Pool Party – \$40 per person

Necessary Equipment

You must have all proper uniforms, weapons, gear, healing supplies, and other equipment appropriate for all ranks up to your dan ranking for the Conference. If you need anything, you must order in advance.

*For some of the sessions there will be equipment you need that is outside of your regular dan material. It is **STRONGLY** encouraged that you have Kumdo armor for all Mugidaeryun sessions. There will also be time in the mornings during Free Practice for Mugidaeryun practice and matches with Grandmaster Lee. During the Moogidaeryun “Weapon Fighting” sessions we will be covering weapon fighting with the additional weapons, again armor is recommended and you must have jukdo, 2 jung jukdo (2 middle size jukdo – 21” halfsize jukdo), 2 mid sticks, and a rattan jang bong. If you need Kumdo armor or any of this equipment please contact the Westcoast Headquarters. Also, if you need a real live blade sword please contact World Headquarters, as we will be covering proper live blade cutting techniques in the “Begisul” session.

Locations of the Conference

Sat: Hwa Rang Do World Headquarters
 13762 Newport Ave #201, Tustin, CA 92780

Mon-Fri: Hwa Rang Do West Coast Headquarters
 11304 1/2 Pico Blvd., Los Angeles, CA 90064

Please contact the Hwa Rang Do World Headquarters if you need more information

(714) 731-5425 (KICK) or whrda@hwarangdo.com

2009 WORLD CHAMPIONSHIPS – JULY 26TH

Location: Penmar Recreation Center: 1341 Lake St, Venice, CA 90291 (310) 396-8735

Fee Breakdowns

Pre Registration – before 7/23

Color Belts & Sashes	
1 st Division	\$40
Each Additional	\$15
TSD Black Belts & up	
1 st Division	\$50
Each Additional	\$15
Team (for 5) - \$10 each	\$50

Registration – after 7/23

Color Belts & Sashes	
1 st Division	\$45
Each Additional	\$20
TSD Black Belts & up	
1 st Division	\$55
Each Additional	\$20
Team (for 5) \$15 each	\$75

Spectator Seating: Adult \$5 | Children 5yrs & Older \$3 | Younger than 5yrs Free

Note: If you are a TSD Black Belt you fall into the Black Belt Divisions, if you started in Hwa Rang Do and did not go through TSD, you are considered TSD Color Sash level.

Schedule of Events

*Registration will open at 7:30am
 * Everyone should arrive no later than 8:00am
 *All Divisions **ADULT & CHILDREN** commence promptly at 8:30am. Order of the day: weapon-form, open-form, sparring, gotoogi, weapon fighting
***8:00pm Special Banquet for all competitors and family. Fees per person: \$30 Pre-register | \$40 After July 23rd**
Day of Pricing: \$7 Adult, \$5 Children, <5yrs Free
 **Do not be late for your divisions, If late, you won't be allowed to compete & no refunds.

BELT SYSTEM BREAKDOWN

2 ND CHOICE	BEGINNER						ADVANCED			
1 ST CHOICE	BEGINNER			INTERMEDIATE			ADVANCED			
GRADE	9TH	8TH	7TH	6TH	5TH	4TH	3 RD	2ND	1ST	DAN
RANK	W	O	Y	G	P	B	Br	R	H/B	BLK
HWA RANG DO	WHITE	ORANGE	YELLOW	GREEN	PURPLE	BLUE	BROWN	RED	½ BLACK	BLACK
TAE SOO DO	WHITE	ORANGE	YELLOW	GREEN	PURPLE	BLUE	BROWN	RED	½ BLACK	BLACK

TOURNAMENT DIVISIONS

WEAPON FORMS		SPARRING	
Tae Soo Do Divisions TW-1 Juniors (ssang jyel bong) TW-2 Juniors (jang bong) TW-3 Juniors (jang gum) TW-4 Adults (ssang jyel bong) TW-5 Adults (jang bong) TW-6 Adults (jang gum)	Hwa Rang Do Divisions HW-1 Juniors (ssang jyel bong) HW-2 Juniors (jang bong) HW-3 Juniors (jang gum) HW-4 Adults (ssang jyel bong) HW-5 Adults (jang bong) HW-6 Adults (jang gum) HW-7 HRD Black Sash	TSD Little Tigers Lt. Wgt. M/F 3-7 yrs. S-1 Beginner (W,O,Y) S-2 Intermediate (G,P,B) S-3 Advanced (Br,R,H/B) TSD Little Tigers Hvy. Wgt. M/F 3-7 yrs. S-4 Beginner (W,O,Y) S-5 Intermediate (G,P,B) S-6 Advanced (Br,R,H/B) TSD Juniors Lt. Wgt. M/F 8-12 yrs. S-7 Beginner (W,O,Y) S-8 Intermediate (G,P,B) S-9 Advanced (Br,R,H/B) TSD Juniors Hvy. Wgt. M/F 8-12 yrs. S-10 Beginner (W,O,Y) S-11 Intermediate (G,P,B) S-12 Advanced (Br,R,H/B) TSD Teens M/F 13-16 yrs. S-13 Beginner (W,O,Y) S-14 Intermediate (G,P,B) S-15 Advanced (Br,R,H/B) TSD Adult Men 17 & over S-16 Beginner (W,O,Y) S-17 Intermediate (G,P,B) S-18 Advanced (Br,R,H/B) TSD Adult Women 17 & over S-19 Beginner (W,O,Y) S-20 Intermediate (G,P,B) S-21 Advanced (Br,R,H/B)	TSD Adult Men 35 & over S-22 Beginner (W,O,Y) S-23 Intermediate (G,P,B) S-24 Advanced (Br,R,H/B) TSD Adult Women 35 & over S-25 Beginner (W,O,Y) S-26 Intermediate (G,P,B) S-27 Advanced (Br,R,H/B) Black Belts & Sashes S-28 TSD Black Belt Juniors LtWgt. S-29 TSD Black Belt Juniors HyWgt. S-30 TSD Black Belt Men LtWgt. S-31 TSD Black Belt Men HyWgt. S-32 TSD Black Belt Women S-33 HRD Black Sash All *HRD students that did NOT go through TSD, must compete in color belt divisions
OPEN HAND FORMS		TEAM FIGHTING	
Tae Soo Do Divisions TF-1 Junior Beginner TF-2 Junior Intermediate TF-3 Junior Advanced TF-4 Adults Beginner TF-5 Adults Intermediate TF-6 Adults Advanced	Hwa Rang Do Divisions HF-1 Juniors Beginner HF-2 Juniors Intermediate HF-3 Juniors Advanced HF-4 Adults Beginner HF-5 Adults Intermediate HF-6 Adults Advanced HF-7 HRD Black Sash	T-1 Juniors T-2 Adult Teams should comprise: 5 of the best members of each school (TSD Intermediate rank or higher). Ranking match-up may change on the day of the event to fit fairer matches between schools and clubs.	
GOTOOGI		GUMTOOGI	
Grappling Divisions G-1 Little Tigers (all ranks) Positioning G-2 Junior LtWgt. Beg Positioning G-3 Junior HyWgt. Beg Positioning G-4 Junior LtWgt. Int/Adv Submission G-5 Junior HyWgt. Int/Adv Submission G-6 Adult Men LtWgt. Beginner Positioning G-7 Adult Men HyWgt. Beginner Positioning G-8 Adult Women Beginner Positioning G-9 Adult Men LtWgt. Int/Adv Submission G-10 Adult Men HyWgt. Int/Adv Submission G-11 Adult Women Int/Adv Submission	Grappling Championship Divisions G-12 Junior Championship (G-3 vs G-4) G-13 Adult Championship (G-8 vs G-9) G-14 Adult Black Sash All ***Divisions may change on the day of the tournament to make fairest events possible for all competitors.***	K-1 Junior Boys & Girls K-2 Adult Level I (Beg experience) K-3 Adult Level II (Adv experience) K-4 Adult Black Sash All	BONGTOOGI B-1 Junior Boys & Girls B-2 Adult Level I (Beg experience) B-3 Adult Level II (Adv experience) B-4 Adult Black Sash All

HWA RANG DO® & TAE SOO DO® 2009 SUMMER SEMINARS

AND TOURNAMENT REGISTRATION FORM

Important Instructions – Please read carefully and then fill out the entire form

- Please print legibly or type all information
- All payments should be made by Credit Card, Cash, Cashier's Check, Money Order - **No personal checks**
- All entries received after the pre-registration deadline will be subject to the full registration price – no exceptions
- **No Refunds**

Deadlines for Pre-registration:

- Mail-in Post marked by Saturday July 18, 2009
Mail to: WHRDA - 13762 Newport Ave #201, Tustin, CA 92780
- Walk-in By Thursday July 23, 2009 by 8:00pm
At the Hwa Rang Do® World Headquarters - 13762 Newport Ave #201, Tustin, CA 92780
Or the Hwa Rang Do® West Coast Headquarters - 11304 ½ Pico Blvd., Los Angeles, CA 90064
- Special Discount Receive a 10% discount on the Open Seminar and Black Sash Conference if paid in full and received by Friday July 10, 2009

PLEASE PRINT CLEARLY, FAILURE TO FILL IN ALL INFORMATION COULD RESULT IN DELAYED REGISTRATION

Last Name _____ First Name _____ Age _____ Date of Birth _____
Address _____ City _____ State _____ Zip Code _____
Dojang Name _____ Style _____ Your Rank _____
Name of Master/Instructor _____ Your Occupation _____
Your Email _____ Phone _____ Student / BB WHRDA # _____

Seminars & Conference ONLY, include 10% discount if paid in full by 7/10/09 regular price after the 10th

OPEN PUBLIC SEMINARS – JULY 24 & 25

Fee: see Open Seminar page, include 10% discount if paid in full by July 10, 2009

(Circle)

Sessions I•II•III•IV•V•VI•VII•VIII = \$ _____ Day _____ \$ _____ Both Days _____ \$ _____ Total Open Seminar \$ _____

BLACK SASH CONFERENCE – JULY 27 TO AUGUST 2

Fee: see Conference page, include 10% if paid in full by July 10, 2009

Day 1 ___ Day 2 ___ Day 3 ___ Day 4 ___ Day 5 ___ Day 6 ___ All days ___ Total Black Sash Conference \$ _____

Additional Events: Pre-Register by 7/23/09 to Save Money!

BLACK SASH CELEBRATION – AUGUST 1 & 2 - \$40 per person

For Dinner, Party, & BBQ – Number of people _____ Total Black Sash Party \$ _____

HWA RANG DO® WORLD CHAMPIONSHIPS – JULY 26

Fees: see Tournament page Number of Spectator Tickets : Adult _____ Children >5 _____ Fee Total \$ _____

Please write your division number in the space provided

Weapon Forms _____ Forms _____ Sparring _____ Grappling _____ Gumtoogi _____ Bongtoogi _____

Team Sparring _____ Name of Dojang you are representing _____ Total Tournament \$ _____

49TH ANNIVERSARY BANQUET – JULY 26 – Pre-register \$30 per person, or after July 23rd \$40 per person

Number of people attending in your party _____ Total Banquet \$ _____

Enclosed is a Money Order / Cashier's Check / Credit Card # _____ Exp _____ Total \$ _____

Liability Waiver (Signature Required)

The undersigned hereby releases the World Hwa Rang Do® Association, M.A.S.T.E.R.S. Ratings, and anyone connected in any way with the Hwa Rang Do® 2009 Summer Seminars and Interscholar Championships, from any liability associated with this seminar and tournament including any injuries which could be sustained by participation in such. I fully understand that if any medical treatments are given to me, such treatment will be of a first aid type and only if I fully waive any and all claims for injuries and damages which may result from such treatment, whether given with or without my express consent; I also waive any compensation in regard to any pictures furnished by me or taken of me in connection with these seminars and tournament and banquets which might be used for publicity, promotion, or television productions.

Signature of Participant: _____ Date: ____/____/____

Parent or Guardian (if under 18): _____ Date: ____/____/____